CAMPUS DINING: ST. JOHN'S SPRING 2013

CYCLE 3

Concept	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**	**Monday**	**Tuesday**
Lunch	Chicken & Ham Jambalaya Italian Green Beans Dirty Rice	Chile Rubbed Spareribs Grilled Zuchini Grilled Red Potatoes	Oven Fried Chicken Roasted Potatoes Fresh Vegetable Medley	Hamburgers, hotdogs, Garden Burgers and Chicken Breast Potato Chips	Brunch Buffallo Chicken Caesar Salad Crinkle Cut Fries	Sloppy Joes French Fries Roasted Root Vegetables	Chicken and Cheese Enchiladas Spanish Rice Pinto Beans Peas & Carrots
Dinner	Homestyle Spaghetti & Meatballs Glazed Carrots 3 Cheese Breadsticks	Beef Teriyaki White Rice Grilled Brocolli	Grilled Pork Satay Rice Pilaf Garden Vegetables	Baked Cajun Tilapia Hush Puppies Fried Okra	Yankee pot Roast with Tomato Gravy Herb Wedged Potatoes Steamed Cauliflower	Chicken Biryani Grilled Sweet Potatoes Lemon Pepper Spinach	Country Style Meatloaf Creamy Garlic Mashed Potatoes Corn on the Cob
Outside BBQ							
Vegeterian Lunch	Kung Pao Tofu Jasmine Rice	SW Garbonzo Bean Cakes Jasmine Rice	Tofu & Vegetable Teriyaki Jasmine Rice			Moroccan Vegetable Stew Jasmine Rice	Vegetable Enchiladas Blackened Tofu Taco Salad
Soup of the Day	Green Chile Stew Vegetable Lentil & Barley	Vegetable Orzo Posole	Green Chile Stew Cheddar Beer	Corn Chowder	Green Chile Stew	Roasted Corn & Potato Soup Posole	Minestrone Posole
Vegeterian Dinner	Stir Fry	Stir Fry	Stir Fry	Brocolli Mushroom & Spinach Tomato Quiche Jasmine Rice	Al's Choice	Stir Fry	Egg Plant Parmesan Jasmine Rice
Speciality	*Lunch* *Grilled Cheese*	*Lunch* *Pizza & Calzone*	*Lunch* *Baked Potato Bar w/chile & Beans*	*Dinner*	*Dinner* *Pizza*	Lunch Pizza	Lunch Chicken Caesar Wrap

Deli Line	*Assorted Slice Meats, Breads, Cheeses & Fresh Salads Panini Grill*	*Assorted Sliced Meats, Breads, Cheeses &Fresh Salads Panini Grill*	*Assorted Sliced Meats, Breads, Cheeses & Fresh Salads Panini Grill*	*Assorted Sliced Meats, Breads, Cheeses & Fresh Salads Panini Grill*	*Assorted Sliced Meats, Breads, Cheeses & Fresh Salads Panini Grill*	*Assorted Sliced Meats, Breads, Cheeses & Fresh Salads Panini Grill*	*Assorted Sliced Meats, Breads, Cheeses & Fresh Salad Panini Grill*
Salad Bar	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*	*Romaine Lettuce, Spring Mix or Spinach Broccoli, Mushrooms, Carrots, Celery, Cucumbers, Cherry Tomatoes, Cauliflower, Shredded Cheese Cottage Cheese, Fresh Fruit, Croutons, Bacon Bits, Raisins Assorted Dressings*

Breakfast will consist of Fried Eggs and Omelets to Order, French Toast or Pancakes, Sausage or Bacon, Scrambled Eggs and Migas, Grits or Oatmeal, Green or Red Chile, Black or Pinto Beans, Hash brown Potatoes and Assorted Pastries. Belgian Waffles will be served on Sunday. Assorted Desserts will accompany all Lunch & Dinner Menus

Smoothie Station available every meal