


**The Gengras Center
Hot Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Cheese Tomato Soup Tossed Salad Corn Sugar Free Jello	3 <h2>No School</h2>	4 Grilled Chicken w/ Honey BBQ Steamed Rice Sugar Snap Peas Brownie or Cookie	5 Hot Dogs Baked Beans French Fries Tossed Salad Fresh Fruit Salad	6 Spaghetti and Meatballs Garlic Bread Sticks Tossed Salad Cake
9 Chicken Pot Pie Steamed Brown Rice Tossed Salad Sugar Free Jello	10 Cheese Ravioli Rolls & Butter Corn Tossed Salad Fresh Fruit Salad	11 <h2>No School</h2>	12 Sweet Sausage Lasagna Garlic Bread Tossed Salad Peas Fresh Fruit Salad	13 Sheet Pizza Tossed Salad Carrots Sticks Cake
16 Chicken Nuggets French Fries Corn Tossed Salad Sugar Free Jello	17 Ham & Cheese Subs Potato Chips Carrot Sticks Fresh Fruit Salad	18 Chicken Pot Pie Steamed Brown Rice Tossed Salad Brownie or Cookie	19 Grilled Kielbasa Links Roasted Potato Wedges BBQ Beans Tossed Salad Fresh Fruit Salad	20 Cheese Ravioli Rolls & Butter Corn Tossed Salad Cake
23 Roasted Turkey & Cran Sauce Stuffing Mashed Potatoes Green Beans Tossed Salad Pumpkin Pie	24 Grilled Chicken w/ Honey BBQ Steamed Rice Sugar Snap Peas Sugar Free Jello	25 Crisp Cod Nuggets French Fries Corn Tossed Salad Brownie or Cookie	26 Thanksgiving <h2>No School</h2>	27 <h2>No School</h2>
30 Lasagna Rollups Garlic Breadsticks Tossed Salad Sugar Free Jello	 <h1 align="center">NOVEMBER</h1> 