

Harrison Health Center Policy for ADHD Medication Management

The Health Center at St. John's College provides medication management for students who have been previously diagnosed with ADD/ADHD. Since ADD/ADHD is commonly treated with medications that are legally controlled substances, The Health Center has established policies that regulate the prescribing of medications for ADD/ADHD. The purpose of these policies is to ensure the safe and legal use of these prescriptions.

Below is a list of our policies:

- Students **MUST** provide appropriate documentation from their prescribing medical provider (see attached verification of ADD/ADHD form) before a prescription can be refilled at the Health Center. There are no exceptions.
- Students will not possess a controlled substance without a legitimate prescription. The student will not give or sell these medications to others. This is not only illegal but very dangerous.
- By law, controlled substance prescriptions must be written for no more than one month's supply.
- Prescriptions will not be renewed earlier than 25 days from the previous prescription date.
- Lost, stolen, or damaged prescriptions will not be replaced.
- Monthly visits are required for prescription refills. These visits will include blood pressure and weight checks.
- Since ADD/ADHD often requires more than medication management, students may be referred to other resources, such as counseling services, for optimum management.
- Students are required to have a follow up evaluation with their ADD/ADHD managing medical provider or psychiatrist at least every 6 months.
- Violation of the Student Health Center policies concerning controlled substances may result in termination of ADD/ADHD prescription refills at the Health Center.
- Students who have not been previously diagnosed with ADD/ADHD and desire an evaluation will be referred to counseling services for an initial evaluation. The student will then be provided a referral to a local psychiatrist for a complete evaluation.